

# Women's Unity Mission

## FEBRUARY 3-9, 2020

### SCHEDULE

#### MONDAY, FEB. 3

##### WELCOME TO AISH DESTINY

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- Make your way to Jerusalem Inbal Hotel on your own
  - Inbal Check in from **2 - 4 PM**
  - Departure **4:30 PM** sharp from Inbal Hotel to **Aish Hatorah**
  - **5:00 PM**- Tour the Aish Hatorah building
  - Kriyah and Rooftop experience Aish Hatorah, private time at the **Kotel**
  - **Introductory remarks** from CEO Aish Hatorah, Rabbi Steven Burg, Rabbi Etel Goldwicht and Rebbetzin Ilana Cowland
  - Welcome **Banquet**
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#### TUESDAY, FEB. 4

##### LE'ATSMO, EMBRACE YOUR INNER-SELF

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- Attend morning **classes** sessions in Aish Hatorah:  
Topics include Self-Esteem, Happiness, Self-Growth and Emotional Well-Being
  - Afternoon excursions to **Hebron** and the "**Gush**"
  - Meet remarkable woman who played an integral role in the history of Jewish people and are examples of courage and faith
  - Tour **Mearat Hamachpela** and the Hebron Visitor Centre
  - Visit **Gush Etzion Heritage Centre**
  - Experience the Sound and Light Show and visit the famous memorial to the defenders of Gush Etzion. Hear from Aish Hatorah's Executive Director and Officer, Lt. Ariel Kotler about the heroes and heroines who sacrificed themselves to give Israel it's freedom
  - Enjoy a delicious dinner at the Inbal Hotel with **Steve Gar**, counter terrorism expert
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#### WEDNESDAY, FEB 5

##### LE'MAKOM, EDUCATE YOUR INNER-SPIRIT

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- Attend morning **class sessions** in Aish Hatorah: World Famous "Discovery" Series
  - Visit **Ancient Shiloh**, the site of the Tabernacle
  - Hear the biblical stories of Samuel the Prophet and Hanna and her famous prayer for a child
  - Pray in the very place our ancestors prayed in before the Temple was built
  - See first-hand the archeological discoveries, watch the unique light and sound experience
  - Enjoy wine tasting, dinner and dancing at **Psagot Winery**
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#### THURSDAY FEB 6

##### LE'CHAVEIRO, EMPOWER YOUR INNER-LEADER

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- Give back to Israel; have the chance to **volunteer** at one of Jerusalem's chessed organizations
  - Visit and pray at the **Tomb of Mother "Mama" Rachel**
  - Back to Aish Hatorah for **One on One Learning**. Topics include: Exploring Text, Leadership, Chessed and Responsibility
  - Hear from Aish Hatorah's new Head Rabbi, **R' Yitzchak Berkovits**
  - **Free night** for shopping and dinner on your own
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#### FRIDAY FEB 7

##### REFLECTION

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- Depart to **Dead Sea** and stop at **Ein Gedi** for lunch and optional scenic hike
  - Check in to the beautiful **Daniel Dead Sea Hotel** and enjoy the hotel amenities, spa, pools, beach and warm weather
  - Erev Shabbat program
  - **Spend Shabbat** with Rav Gav Friedman, Rabbi Steven Burg, Rabbi Dov Ber Cohen and Rebbetzin Ilana Cowland
  - Late night **Oneg and Laughter Games** with Debbie Hirsch
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#### SHABBAT, FEB 8

##### REFLECTION

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- Early morning optional **yoga** on the beach
  - **Morning shabbat classes.** Topics to choose from include parenting, relationships and communication
  - **Shabbat Lunch** and Talk with Rav Gav Friedman
  - Rest & Relaxation
  - Shalosh Seudas and **Musical Havdalah** with Rabbi Dov Ber Cohen
  - Motzei Shabbat surprise in the desert
  - Enjoy late night **Spa** Amenities and cocktails
  - **Zumba** with Debbie Hirsch
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#### SUNDAY, FEB 9

##### BRINGING IT BACK HOME

- Depart back to **Jerusalem**
- Last chance for souvenir shopping and lunch on your own
- Farewell to the **Kotel**
- Final classes at **Aish Hatorah**
- Bringing it all home, what's next for us?
- Hear from inspiring women and leaders who are making a difference
- Final **Banquet**
- Trip ends at **7:00 PM**
- Buses leave to the airport by **8 PM** from Inbal Hotel

*\*Itinerary is Subject to Change*

*\*Classes in Aish Hatorah reflect the daily theme and will offer tracks and options to choose from*

**Trip Director:** Miriam Leibowitz

**Educational Trip Director:** Ilana Cowland

*Aish Destiny is an unparalleled spiritual journey with a group of growth-oriented, accomplished Jewish individuals of all levels of observance. Dig deeper, discover more, and rejuvenate spiritually. This Israel tour combines the best of today's Torah educators, exciting and meaningful touring, one on one learning and a beautiful Shabbat experience. If you are interested in a deeper Israel experience; strengthening your commitment to Jewish growth, sharing with others, building lasting connections and continuing your Jewish journey after the trip by staying connected to a group of other like-minded individuals, this trip is for you! Aish Destiny trip will give you the tools and resources to be a leader and impact your home community upon return.*

